

## WEDNESDAY, JUNE 7, 2017

### PRE-CONFERENCE WORKSHOP

#### The happy doctor

Zaal 530

A demanding job, a high standard, a young family, a nice partner, pioneering in a young specialism, dealing with shift work.... How do you combine all those things and stay healthy, happy and inspired while living up to your ambitions and dreams?!

Physicians and residents (registrars) who have completed the PS&A course for adults and the APLS course. The day is comprised of lectures and workshops. It will be offered in Dutch.

<b>Time</b>	09.00 - 17.00 hour
<b>Faculty</b>	Section PSA
<b>Costs</b>	€ 130,00

In this one-day pre course you learn to: Take better care of yourself in order to improve your quality of work and productivity. You will learn practical power tools that you can directly translate to your daily work so you will be more balanced, have more energy and have a better work-life balance

#### Can't intubate, can't oxygenate (CICO)

Zaal 531

The CICO (formerly know as CICV) scenario is a relatively rare event during airway management in Anaesthesia. The CICO scenario may be more frequent in specialties such as Intensive Care or in the Emergency Department owing to the patient population and nature of the underlying emergent medical issues. The Fourth National Audit Project (NAP4) done by the the Royal College of Anaesthetists in the UK shows poor management of cases where PEO (Percutaneous Emergency Oxygenation) with either a scalpel or a cannula was performed. This was mainly due to lack of provider skills, materials and preparation. It is a professional responsibility as medical doctor to be prepared for such an eventuality.

#### Paediatric procedural sedation

Zaal 536

This one-day course offers a systematic and uniform approach to procedural sedation and analgesia in children using the methodology offered in the PS&A course for adults which is part of the Dutch Emergency Medicine training program. The goal is to offer medical practice, in concordance with the Dutch national guideline and requirements of the Dutch Health Authority, for Emergency

CICO scenario's in all patients in all settings. This Algorithm includes cannula and scalpel techniques and assumes to always use a cannula technique as first technique for PEO. During the course there will be ongoing discussion on how these techniques have been established as well as material choice and common mistakes and pitfalls as to have the candidates optimally benefit from the course.

<b>Time</b>	10.00 - 13.00 hour and 14.00 - 17.00 hour
<b>Faculty</b>	Michal Pelka, Sebastiaan Vermeulen, Christain Grass and David Newhall
<b>Costs</b>	€ 240,- e-book included

#### Basic Surgical Techniques

Zaal 532

In your daily work you are confronted regularly with conditions that can be treated with a simple surgical procedure. For example injuries, local bleedings or tendon injuries. In this pre-course we offer you the essence of the course 'Basis Operatieve technieken, deel I en II' also known as the BOT-courses.

<b>Time</b>	13.00 - 16.30 hour
<b>Faculty</b>	Marit Rensink, Ozcan Sir and Abel Wei
<b>Costs</b>	€ 200,-

In this course you will get hands on manikin practice in CICO management and PEO techniques according to the ANZCA (Australian and New Zealand College of Anaesthetists) Algorithm. A CICO scenario can happen in any type of patient in any type of setting. The ANZCA Algorithm strives to manage

#### Research

Zaal 535

The scientific committee organizes a precourse focusing on your research project. Researchers have the possibility to present their own study design or ideas for a new research project by means of an 'elevator pitch', making use of a short PowerPoint presentation (max 5 minutes, 5 slides). After that, all the presented study designs will be discussed and provided with feedback, in small groups together with experienced researchers. This is your chance to ask questions about statistics, methodology, applicability, writing a manuscript etc!

Are you a (starting) researcher who wants feedback from experts in the field? Do you want tips and advice to improve your research?

<b>Time</b>	13.30 - 17.00 hour
<b>Faculty</b>	Section Wetenschap
<b>Costs</b>	€ 130,00

## THURSDAY, JUNE 8, 2017

8.00	<b>Registration</b> Moderator: Grietje Jelsma	
8.45	<b>Opening speech</b> Ties Eikendal Zuiderduinzaal	
9.00	<b>Keynote: Making the invisible visible, Do you WANT to see?</b> Lonneke Buijteweg, Maaik Brunekreef Zuiderduinzaal	
10.00	<b>Coffee break &amp; visit exhibits</b>	
	<b>Research</b> Zaal 522 Moderator: Josje Berends	<b>Quality/Management</b> Abdijzaal Moderator: Kate Borkent
10.30	<b>New frontiers for ACS diagnosis</b> Rick Body	10.30 <b>E-health after an emergency department visit</b> Bas de Groot
11.05	<b>Abstracts</b>	11.05 <b>Patient experiences with waiting on the Emergency Department</b> Minke Twijnstra
11.40	<b>Ten tips for combining research and residency</b> Jacinta Lucke	11.40 <b>Quality of care in the Netherlands: your results!</b> Nikki Kolfshoten
12.15	<b>Abstracts</b>	12.15 <b>Slikken of spuiten. Behandeling onder dwang op de SEH (dutch spoken)</b> Marlies Morsink
		12.00 <b>Ketamine for acute behavioural disturbance in the ED</b> Andy Neill
		12.20 <b>Sedation without fixation, nitrous oxide in the ER</b> Naomi Petersen
12.50	<b>Lunch &amp; visit exhibits</b> Moderator: Jamie Kornet	Moderator: Grietje Jelsma
13.50	<b>Abstracts</b>	13.50 <b>Tuchtrecht vanuit juridisch oogpunt (dutch spoken)</b> Anneloes Rube
14.25	<b>AIOS enquete 2017; de opleiding langs de meetlat (dutch spoken)</b> Luuk Wansink, Marna Bouwhuis	14.35 <b>Titel</b> Gabor Linthorst
15.00	<b>Abstracts</b>	14.30 <b>Stop the bleeding</b> Edward Tan
		14.50 <b>Teaching revolution! Simulation with good judgment</b> Pieter Noë
		15.10 <b>The need for N.E.E.D.</b> Bas de Groot
15.20	<b>Coffee break &amp; visit exhibits</b> Moderator: Grietje Jelsma	
15.45	<b>Keynote: Over waarom je niet gelukkig kunt worden van je werk (dutch spoken)</b> Menno de Bree	
16.30	<b>General Assembly and announcement winner abstracts (17:30h)</b>	
18.00	<b>BBQ &amp; Beachparty</b>	

## SPEAKERS

**Eveline Baerends MD**  
Locum Medical Officer Emergency Medicine, Khayelitsha District Hospital, Cape Town, South Africa

**Ingvar Berg MD**  
Emergency Medicine Resident, MC Haaglanden, The Hague, The Netherlands

**Rick Body MD**  
Consultant in Emergency Medicine and Honorary Senior Lecturer in Cardiovascular Medicine, Manchester Royal Infirmary, Manchester, United Kingdom

**Marna Bouwhuis MD**  
Emergency Medicine Resident, Erasmus MC, Rotterdam, The Netherlands

**Crispijn van den Brand MD**  
Emergency Physician, MC Haaglanden, The Hague, The Netherlands

**Anne Brants MD**  
Emergency Physician, Canius-Wilhelmina Ziekenhuis, Nijmegen, The Netherlands

**Menno de Bree**  
Philosopher, Menno Denkt, Westervijlwerd, The Netherlands

**Maaik Brunekreef**  
BSW, Isala, Zwolle, The Netherlands

**Lonneke Buiteweg MD**  
Emergency Physician, Isala, Zwolle, The Netherlands

**Klaartje Caminada MD**  
Emergency Physician, Isala, Zwolle, The Netherlands

**Bob Derlet MD**  
Professor in Emergency Medicine, University of California Davis, Sacramento, CA, USA

**Ties Eikendal MD**  
Chairman NVSHA/NSEP, Emergency Physician, Radboudumc, Nijmegen, The Netherlands

**Mark Frederikse MD**  
Emergency Physician, Ministry of Defense, The Hague, The Netherlands

**Menno Gaakeer MD**  
Emergency Physician, Admiraal De Ruyter Ziekenhuis, Goes, The Netherlands

**Christain Grass MD**  
Anaesthesiologist, Erasmus MC Skillslab, Rotterdam, The Netherlands

**Andis Gaudins MD**  
Director Monash Toxicology Service, Monash University, Victoria, Australia

**Bas de Groot MD**  
Emergency Physician, LUMC, Leiden, The Netherlands

**Yannick Groutars MD**  
Emergency Physician, LUMC, Leiden, The Netherlands

**Naren Gunja MD**  
Emergency Physician, Westmead Hospital, Sydney, Australia

**Jerry Jones MD FACEP FAAEM**  
CEO, Principal Instructor, Medicus of Houston, Houston, USA

**Maarten Kok MD**  
Emergency Physician, Spaarne Gasthuis hospital, Haarlem, The Netherlands

**Nikki Kolfshoten MD**  
Emergency Medicine Resident, Haga Teaching Hospital, The Hague, The Netherlands

**Britt van der Kolk MD**  
Emergency Medicine Resident, Isala, Zwolle, The Netherlands

**Martin Land**  
Associate Professor, Rijksuniversiteit Groningen, The Netherlands

**Eddy Lang MD**  
Professor of Emergency Medicine, Cumming School of Medicine, University of Calgary, Canada

**Gabor Linthorst MD**  
Internist-endocrinologist, Academic Medical Center, Amsterdam, The Netherlands

**Jacinta Lucke MD**  
Emergency Medicine Resident, LUMC, Leiden, The Netherlands

**Clifford Mann MD**  
National Clinical Advisor, NHS, England

**Marlies Morsink MD**  
Emergency Physician, Radboudumc, Nijmegen, The Netherlands

**Andy Neill MD**  
Specialist Registrar EM, Midland Regional Hospital, Tullamore, Ireland

**David Newhall MD**  
Anaesthesiologist, OLVG, Amsterdam, The Netherlands

**Pieter Noë MD**  
Emergency Physician, Isala, Zwolle, The Netherlands

**Martine Oosterloo MD**  
Emergency Physician, Ziekenhuis de Tjongerschans, Heerenveen, The Netherlands

**Michal Pelka MD**  
Anesthesiologist, IJsselland Hospital, Capelle aan de IJssel, The Netherlands

**Naomi Petersen MD**  
Emergency Medicine Resident, OLVG, Amsterdam, The Netherlands

**Marit Rensink**  
Projectmanager PAO Heyendaal, Radboudumc Health Academy, Nijmegen, The Netherlands

**Anneloes Rube**  
Legal advisor health law, Royal Dutch Medical Association (KNMG), Utrecht, The Netherlands

**Ozcan Sir MD**  
Emergency Physician, Radboudumc, Nijmegen, The Netherlands

**Edward Tan MD**  
Surgeon-Traumatologist, Radboudumc, Nijmegen, The Netherlands

**Minke Twijnstra MD**  
Emergency Physician, Deventer Ziekenhuis, The Netherlands

**Mischa Veen MD**  
Emergency Physician, MC Haaglanden, The Hague, The Netherlands

**Sebastiaan Vermeulen MD**  
Anesthesiologist, Erasmus MC Skillslab, Rotterdam, The Netherlands

**Lee Wallis MD**  
Head of Emergency Medicine University of Cape Town, South Africa

**Luuk Wansink MD**  
Emergency Medicine Resident, OLVG, Amsterdam, The Netherlands

**Bart van der Weerd MD**  
Emergency Physician, LUMC, Leiden, The Netherlands

**Abel Wei MD**  
Emergency Physician, Radboudumc, Nijmegen, The Netherlands



FRIDAY, JUNE 9, 2017

Zuiderduinzaal	
08:30	<b>Registration</b>
09:00	<b>Welcome and breakfast</b> Ties Eikendal and Crispijn van den Brand
09:10	<b>Introduction</b> Lee Wallis
10:00	<b>ED numbers and crowding in the Netherlands</b> Menno Gaakeer
10:40	<b>Coffee break &amp; visit exhibits</b>
11:10	<b>A dynamic view on crowding</b> Martin Land
11:50	<b>Effects of crowding</b> Eddy Lang
12:30	<b>Lunch &amp; visit exhibits</b>
13:30	<b>Solutions and perspective regarding crowding on an international level</b> Clifford Mann
14:10	<b>Political situation regarding crowding (what is needed politically/governmentally)</b> Bob Derlet
14:50	<b>Coffee break &amp; visit exhibits</b>
15:20	<b>Interactive debate with the speakers to come to keypoints</b>
16:50	<b>Summary and closing speech</b> Ties Eikendal, Crispijn van den Brand and Lee Wallis

# Crowding in the emergency department: who cares?

JUNE 9, 2017

HOTEL ZUIDERDUIN  
EGMOND AAN ZEE  
THE NETHERLANDS

www.dutch-emconference.nl/ifem



WORKSHOPS THURSDAY JUNE 8

If you want to register for a workshop, you can subscribe to the lists which are available at the registration desk. Please note; some of the workshops will be completely booked already.

### Tactical Medicine

Zaal 535

**Time** 11.00 - 12.30h and 13.45 - 15.15h  
**Faculty** Mark Frederikse

Unfortunately the world around us is becoming more and more dangerous. Terrorist attacks, bombings and active shooters are scenarios emergency medicine providers should prepare for. Tactical Medicine is medicine in combat situations where provider safety is not guaranteed. In this workshop you will learn the gist of Tactical Medicine. The life you save may be your own.

### Combined toxicology workshop

Zaal 530 and 531

**Time** 11.00 - 12.30h and 13.45 - 15.15h  
**Faculty** Andis Graudins and Naren Gunja

Combined toxicology workshop by Andis Graudins and Naren Gunja both providing a 45 minute workshop in separate rooms. After each workshop the participants will switch between these rooms.

### Antidotes in toxicology – Anecdote or evidence-based use?

(Andis Graudins)  
There are a number of antidotal agents recommended as so-called ‘magic bullets’ in the treatment of specific poisonings and intoxications.

While some of these are used often and have a relatively high level of evidence supportive their effectiveness, there are a number of antidotal agents recommended in specific poisoning scenarios where the effectiveness and indications are not well defined.

This workshop aims to discuss some of the more commonly recommended antidotal agents used in acute intoxication and their effectiveness and evidence behind their use. This will include acetylcysteine and tailored regimens for various paracetamol overdose types, high-dose insulin therapy and glucagon in beta-blocker and calcium channel blocker overdose, lipid rescue therapy, treatment of vasodilatory shock, treatment of hypoglycaemic poisoning, and other significant intoxication scenarios.

### Trippin’ and Fittin’: drug-induced seizures (Naren Gunja)

How do drugs cause seizures? Mechanisms and toxicodynamics explored in this important topic in toxicology. Which drugs can induce seizures? Management and antidotes will also be covered.

### To QT or not to QT: ECGs in Toxicology (Naren Gunja)

Measuring the QT – what’s the big deal? The QT nomogram Sodium channel blocking drugs and their effects on the ECG Management of drug-induced arrhythmias.

### Wide Complex Tachycardia - Aberrancy or Ectopy?

Zaal 532

**Time** 11.15 - 12.00h and 13.45 - 14.30h  
**Faculty** Jerry Jones

Aberrant conduction – What is it, really?

- Distinguishing ECTOPY from ABERRANCY
- Some important rules to remember when confronted with a wide complex tachycardia
- Common mistakes in diagnosing wide complex tachycardias
- Wide-complex supraventricular tachycardias
  - Pre-excitation
  - Pre-existing bundle branch block
  - Functional bundle branch block
- Ventricular tachycardias
  - Structural heart disease
  - Without structural heart disease (“idiopathic”)
- The reasoning behind the different wide complex tachycardia algorithms
- Which algorithm is the best?
- Must I use one of the algorithms?
- Looking at some wide complex tachycardias (using provided handouts)

### Wilderness Medicine

Zaal 536

**Time** 13.00 - 15.30h  
**Faculty** Anne Brants and Ingvar Berg

The practice of medicine in isolated and extreme natural environments with limited access to medical help and equipment knows many aspects. During this workshop we will introduce you to patient assessment in an austere environment and talk about drowning in specific.

### Kritisch denken voor beginners

Zaal 533

**Tijd** 13.45 - 15.00h  
**Spreeker** Menno de Bree

Alles wat je als dokter doet, zou ‘redelijk’ moeten zijn, gebaseerd op goede argumenten. Goed argumenteren hebben de meesten van ons echter nooit op school geleerd; we denken wel dat we competent zijn, maar dat valt in de praktijk vaak vies tegen. ECHT goed kunnen argumenteren is echt heel moeilijk. Maar ook echt heel leuk om te leren. In deze workshop maak je kennis met enkele basics van de schone kunst van het kritisch denken.

Zaal 518 and 519  
Joran van Bokhorst en Esmée Smits

### Escape from the south dune

An Emergency Medicine escape room

Did you ever feel the need to escape from work? Does your hospital feel like a prison? This is your chance to prove you have nerves of steel, you can work well within a team and you are a medical problem solver!

At the 10th Dutch North Sea Emergency Medicine Conference we present to you the first Emergency Medicine escape room in the world!

An escape room is a physical adventure game in which players solve a series of puzzles using clues, hints and strategies to complete the objectives at hand. There is no way you can escape without some emergency medicine skills and knowledge...

We are looking for teams of 4 to 6 players. A team with men, women, colleagues, friends, it’s up to you! But create your team wisely, since the fastest team will win a prize!

From 10.15 until 15.45 h  
in rounds of 30 minutes.  
Register at zaal 518 and 519.



#DEMC17

#IFEM17



JUNE 7 - 9, 2017

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EGMOND AAN ZEE  
THE NETHERLANDS

Organized by:

- Nederlandse Vereniging van Spoedeisende Hulp Artsen (NVSHA)
- Nederlandse Society of Emergency Physicians (NSEP)

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